1 PHRASE OF THE DAY

Look, why don't I handle the data for now?

ねえ、当面、データについては私がやるっていうのはどう?

2 SITUATION

Susan is working too hard, so Jill offers to help. スーザンの仕事がハードなので、ジルが助けを申し出ています。

3 **DIALOGUE**

Directions: First repeat after your tutor and then practice each role.

Jill : Susan, you look worn out. You've been taking on too much work lately if you ask me.

Susan: Yeah, I am a bit tired. I've been a bit paranoid since I lost that data last month and I want to get back into the boss' good graces. I suppose I should slow down a bit. Things have been hectic at home too, which doesn't help.

Jill : You'll burn yourself out, if you keep working like this. I wouldn't worry too much about Ms. Phillips. Her bark is much worse than her bite in my experience. **Look, why don't I handle the data for now.** I don't have much to do today anyway, and two heads are better than one. You go take a break.

Susan: Are you sure you're not too busy? I don't want to get you into any trouble with Ms. Phillips, too.

Jill : Don't worry. I'm waiting for Neil to get back from his meeting with the new clients . I can't do anything until he does, so I could help you in the meantime.

4 VOCABULARY

Directions: First repeat after your tutor and then read aloud by yourself.

worn out 擦り切れる hectic 非常に忙しい paranoid 疑い深い burn ~self out カ尽きる good graces 寵愛、気に入られること

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5 LANGUAGE FOCUS

Look, why don't I handle the data for now?

ねえ、当面、データについては私がやるっていうのはどう?

Office Talk - Offering Help

Directions: First repeat after your tutor and then read aloud again by yourself.

You look like you could use some help.

Do you need a hand with that?

Can you manage that yourself?

I could help you if you'd like.

Can I help you with that?

Do you need any help?

Can I give you a hand with that?

Why don't I...?

6 ACTIVITY

Activity 1: Are you the type of person who often helps out at work, or the type that often needs help? When was the last time you offered to help someone at work? Who did you help and how did you help them?

Activity 2: Imagine your tutor is a colleague of yours. You have noticed that he/she has been stressed out a lot recently, mainly due to overwork and some problems at home. Offer to help him or her finish a report on the latest customer satisfaction survey.

Hints

assistance 援助
chill out 落ち着く
help out 助ける
need a hand 助けがいる
stressed out ストレスが溜まっている
take a break 休みを取る