

Lesson 94

1 TOPIC QUESTION
今日のトピック

Which is more important work or family?

家庭と仕事どちらが大事？

2 ARTICLE
記事

Directions: Read the following article aloud.

課題：以下の記事をはっきりとした声で音読しましょう。

Balancing work and family

Like so many of the challenges and dilemmas of marriage, balancing family and work has no easy solution, no one-size-fits-all approach. Every person and couple will have their own preferences and needs.

Many couples tell us that they have seen the drawbacks of their parents attempting to ‘do it all’ and ending up very much over-extended. Still others hope to avoid the restrictions of roles and experiences that are too narrow or mismatched for them. Couples are struggling with the relative priorities of their values, family involvement, career and material goals, personal growth and fulfillment.

The most important thing we can tell you about balance: preparation, intentionality and joint decision-making are the key to creating and maintaining the right family-work balance for you. Many couples experience extremely strong forces pulling them away from the priority that they would like their family to have. If you don’t aggressively plan your balance, these other forces will prevail. Without a clear plan and commitment to maintaining balance, time and energy for family erodes and evaporates.

Family-work balance is a process, not a static achievement. The real task of balance takes place on a weekly and daily basis, even from hour to hour. This is where couples hold the line to protect family time or allow it to evaporate where they opt to take advantage of a family opportunity or allow other priorities to interfere.

Lesson 94

3 VOCABULARY

語い

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後に続いてくり返した後、今度はひとりで発音してみましょう。

dilemma ジレンマ

interfere 干渉する

erodes 侵食する

evaporate 蒸発する

prevail 勝つ

4 Questions

質問

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

1. **What is the most important thing about balancing work and family?**
2. **Briefly describe what the article meant about planning and preparation.**
3. **Which is more important work or family?
Explain your answer.**
4. **Have you ever seen a family fall apart because of work?**